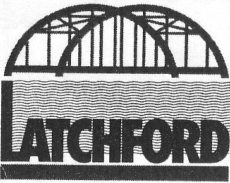


34 YEARS!!!

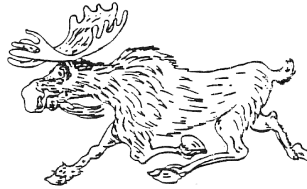
Issue Price FREE



THE BEST LITTLE TOWN BY A DAM SITE!

INSIDE THIS ISSUE:

| | |
|----------------------|----|
| Mayors report | 2 |
| Dianna's Recipes | 3 |
| Legion news | 4 |
| Obituary | 5 |
| Rhonda's | 6 |
| Subscribers report | 7 |
| Spring car tips | 9 |
| Over the hill | 10 |
| Fire Department news | 12 |



THE LATCHFORD AND AREA

MOOSE CALL



March 2023



PUBLIC NOTICE

~ **ALL** dogs must have current year tags per By-law 639/04. The cost per dog is: \$20.00

~ **Remember to Poop & Scoop** ~

Animal complaints can be reported to the Town Office @ 676-2416

COUNCIL MEETING FOR MARCH TO BE HELD ON THE 9th AT THE RECREATION CENTRE @ 7:00 PM . ALL ARE MOST WELCOME TO ATTEND.

LEGION MEETING WILL BE HELD ON THE SECOND WEDNESDAY OF THE MONTH AT THE ROYAL CANADIAN LEGION IN LATCHOFDR.

FIRE DEPARTMENT MEETING WILL BE HELD ON THE FIRST WEDNESDAY OF THE MONTH.

Mayors Report

Hoping all is staying stay warm and safe during this cold spell we are having.

Attended my first TMA meeting and the meeting consisted of voting in the new executives and introducing ourselves as there was many new mayors and councillors for this term.

Sat in on the Pre-Freshit committee with the MNRF to get up to date on the spring thaw and be in the know if anything is happening. The meeting took the time to give a good understanding of the dams and flows. As per first meeting all is looking good.

Roger and myself attend the Action2Zero meeting that was put on by the Timiskaming Health Unit with other municipalities along the Highway 11 corridor. It is a new committee that is getting started. They were given information that there is another committee also going for Highway 11.

Our town came together and held a Family Day weekend event that was organized by our Parks and Rec Committee. Lots of activities were enjoyed. Despite the bitter cold there was some that braved the weather and did go and enjoy the sliding. Thanks to the committee members for their commitment to this group.

We also had our Legion Br 629 ladies auxiliary organized a supper for that Saturday also. They had a good turn out but they did say there was still lots of food leftover. Would like to thank this group also as it does require lots of time and effort to organize and execute this also.

**Thanks
Sharon**

Brownlee Equipment, Now in Latchford!
For all your rental needs & sales call
Brian: 705-544-3493 or
Dave: 705-679-3001



White Mountain Publications

New & Pre-Loved Books
50 Silver Street, Cobalt, ON
705-679-5555

Open Tuesday through Saturdays 10 am to 5 pm
Online 24/7 at wmpub.ca

From the kitchen of Diana

CORNBREAD

Cornbread can be plain and simple or dressed up with additions of your own like berries or veggies.

I hadn't made Cornbread in years and took a notion to make some. The following recipe is that I found on YouTube (Preppy Kitchen) and easy to make. It was made using a cast iron pan, but if you don't have one, a cake pan is fine so long as it can take high temperatures. I just wouldn't use glass or anything with enamel on it.

1 cup All Purpose Flour
2 cups Yellow Stone Ground Cornmeal
2-1/2 tsp. Kosher Salt)* Note 1
2 tbsp. brown or golden sugar^ Note 2
1/4 tsp. ground pepper* Note 3
2-1/2 tsp. baking powder
2 cups of buttermilk* Note 4
2 large eggs
1/4 cup unsalted butter melted

Place pan in empty ungreased pan in the middle of the oven and turn the oven temperature to 425 degrees F. To get that nice crisp bottom and sides on the cornbread, the pan needs to be really hot. While the pan is heating up, take a medium size bowl and add all the dry ingredients and mix well with a whisk. Set aside.

In another bowl, add wet ingredients and mix together with a whisk and set aside.

Remove pan from oven and add 1 generous tablespoon of unsalted butter and 1 tablespoon of vegetable oil (I substituted coconut oil for vegetable oil) to the pan and return to the oven to get smoking hot.

Now it's time for the final mixing. Make a well in the dry ingredients and add the wet mixture all at once and mix together using a hand whisk. Just mix checking for lumps, but be careful not to overmix.

Remove hot pan from oven and pour cornbread mixture into pan. It should sizzle when you pour it in which is exactly what you want it to do. Place the pan back in the oven. Leave the oven temperature at 425 F and bake for 20-25 minutes or until it's done in the centre and springy. It will be golden brown on top. Turn pan over onto a rack as soon as you take it out of the oven. If you don't want lines from the rack on the top, use a plate or your hand to quickly flip it over. The sides and bottom of the cornbread will be a lovely golden brown and crispy. Serve hot with a dollop of butter on top. I also drizzled honey on mine, very nice. ENJOY!

***Note 1:** If salted butter is substituted in recipe, decrease salt in dry ingredients by about 1/4 to 1/2 tsp. to compensate.

***Note 2:** If you like the cornbread to be sweeter, you can increase the sugar from 2 tablespoons to a 1/4 cup. If there are any small lumps in your sugar that you added to the bowl, just rub them with your hands with the other dry ingredients.

***Note 3:** That the pepper gives the corn bread a bit of a kick, but it's optional.

***Note 4:** I used to buy commercial buttermilk for recipes rather use milk and lemon juice or milk or vinegar substitutes. More recently, I have started buying buttermilk powder which works out to the same price as the commercial buttermilk, but has the convenience of longer storage plus I only make what I need for a recipe. It has turned out really well and I like the taste in recipes better than other substitutes. Buttermilk powder is available in bulk food stores.

It is with great regret we announce the passing of Linda Sauve. She has served our Branch and Auxiliary since 1988 and in that time she held many positions starting with Auxiliary Sports Officer. She then served as our Auxiliary President and Deputy Zone Officer for our Region. Currently, she held the following positions: Deputy Zone Commander, Auxiliary Sports Officer and District Sports Officer. She fulfilled her duties faithfully and was also a member of both Branch and Auxiliary Sports Teams. She also volunteered at all Branch and Auxiliary events as she was able. She will be missed. Respectfully Submitted, Susan Smerdon, Secretary

Vicky Wilks, Larry Wilks, Sharon Lefebvre and George Lefebvre competed in District Cribbage and Euchre in Englehart. They placed 2nd in Euchre and 3rd in Cribbage and qualified to play Provincial Cribbage in Cambridge and Euchre in Beeton.

Senior Darts, Bob Livingston won single darts for District, Dave Hack, Bob Livingston, Linda Gauvreau, Steve Peckover won District team darts and are all moving on to Provincial on April 1st in Port Credit.

The Bud Livingston Mixed Dart tournament will be taking place in Latchford in the near future. Please watch the board for the sign up sheet.

Ladies Auxiliary hosted a pot luck supper on February 18th. A big thank you to Sue Smerdon, Sharon Lefebvre, Jeannie Belanger and Pauline Robert for their time in making the dinner a success. Dinner was well attended and the food was delicious. We are looking forward to hosting a ham supper for Easter. Please watch for details in the next

Moose Call.

The shuffle board table is a big success. Drop in for a friendly game on Fridays 5:00 - 8:00 and Saturdays 2:00 - 8:00 at a minimal cost.

Francine Blowe
President, Ladies Auxiliary
Perry Livingston

Dad Jokes

"I'm afraid for the calendar. Its days are numbered."

"My wife said I should do lunges to stay in shape. That would be a big step forward."

"Why do fathers take an extra pair of socks when they go golfing?" "In case they get a hole in one!"

"Singing in the shower is fun until you get soap in your mouth. Then it's a soap opera."

"What do a tick and the Eiffel Tower have in common?" "They're both Paris sites."

"I thought the dryer was shrinking my clothes. Turns out it was the refrigerator all along."

"What do you call a factory that makes okay products?" "A satisfactory."

"What did the janitor say when he jumped out of the closet?" "Supplies!"

"Have you heard about the chocolate record player? It sounds pretty sweet."

Obituaries

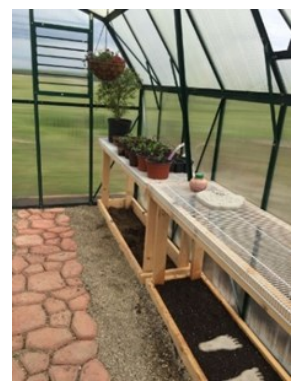
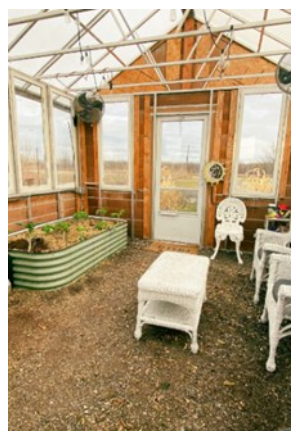
Linda Sauve

Linda Darlene Sauve at the age of 74. Loving wife of the late Ronald Sauvé. Beloved mother of Aline Raymond (Bob Bridle), Ronald (Melissa) Sauvé and Laurie-Ann (Darren) Bessey. Survived by her grandchildren Justin, Pierre (Jasmine), Ashley, Bree-Anna (Tristan) and Great Grandchildren Jaxxon, Jeydan and Braxxon. Dear sister of William Gates. Predeceased by her father William "Bill" and mother Lena (Kop) Gates and her older brother John Gates..Linda's father fought to liberate the Netherlands in WW2 and returned to Canada with a bride. Linda was a valuable volunteer at Sgt Aubrey Cosens VC Branch 629 for many years and served as President of the Ladies Auxiliary as well in various offices at the Zone level. She was also a noted athlete in her younger years playing fastball and slow pitch in Latchford. Sadly missed by her fur babies Pitree and Mikka. Forever remembered by her extended family members and friends. Cremation has taken place at Lakeview Crematorium, Haileybury. Arrangements entrusted to Buffam Leveille Funeral Home, Haileybury Location, 705-672-3122. As expressions of sympathy memorial donations may be made to the Heart & Stroke Foundation. Online condolences accepted at www.buffamleveille.com



Rhonda's Garden Tip

Growing season has finally arrived starting from indoors of course. From seeds to seedlings straight to the greenhouse. Which leads me to the question if you could have any style of greenhouse what would it look like? Let's take a look at some of the different styles already out there to get those gardening juices flowing, but let's take a closer look at the interior of a greenhouse. Check out some greenhouse interiors below.



Bye for now Rhonda

rhonda's Cards



rhondas_artstudio



Subscribers News

Thankfully, February continued with the gentle winter that we have been experiencing and while it did deliver enough snow to make the sledders happy no one had to break their backs shovelling it! My little Yorkie, "Bella", has gotten real finicky about walking in any depth of snow so that helps to motivate me in keeping enough yard cleared for her to get around to do her "duties". I had thought about organizing a "Book Burning Ceremony" for all of us who had wasted our money on the Farmer's Almanac this winter but thought that might be a little premature so will delay that for the time being just in case things change, weather wise.

Sharon and I received a welcome letter from Ric Roller of Shelby, Ohio who a number in town will remember as Ric and his late wife, Peggy, owned a cottage on the west shore of Bay Lake for many decades as Peggy's father had built the cottage. All is well with Ric and son Tom and they send greetings to all their Latchford friends.

Latchford's longest resident in years lived here, Helen Larose, gifted Pauline Pelangio of Sudbury with two years of the Moose Call and Pauline will be transporting and hosting Helen in Sudbury when she transports her over there on March 02 to get her pacemaker installed at Health Sciences North. Incidentally, Helen turns 93 at the end of March!

Renewals for the month included two former Latchford ladies, Barbara (Keenan) Hamilton of Kakebeka Falls, ON and Joan (Garreau) Carmody of New Liskeard. They were joined by Joyce Harding of Temagami and all were for another year! As always, thanks for the extra so many insist on including!

On the health and fitness front, the winter continues to take its toll on too many. I was speaking with Theresa McRae and she advised that her husband Jim had suffered a stroke and is a patient in Temiskaming Hospital. There was a brief flare-up of Covid here in town during the month but that seems to have ended. Jackie Adshead is making progress in her quest to gain her mobility and is determined to get back walking. There are undoubtedly others who are ailing or infirm, heck they even got me scheduled for a test over in Sudbury at month's end and it is sure to be one I can pass with flying colours! It's a sleep test!

To all the ailing and infirm, best of luck for a speedy recovery to good health and a special wish goes out to Helen Larose for a speedy recovery from her pacemaker procedure!

On a much more sombre note, Latchford lost a longtime resident and prominent volunteer over the years with the passing of Linda Sauve. Linda was a past president of the Ladies Auxiliary and a longtime member of Sgt Aubrey Cosens V.C., Branch 629, Royal Canadian Legion. Linda's health declined quite rapidly making her passing quite unexpected. Following that I was advised of the passing of our neighbour Ralph Volkert's mother in Mexico where she lived which required Ralph to travel there. I am confident all readers join me in extending our heartfelt sympathies to their families and friends.

George L.

NOTICE

The Latchford Recreation Committee would invite residents to consider joining their group, as several members have resigned and some are moving away, so very few members will remain. Should they not be able to recruit more people, this organization could very easily fold and this would be very detrimental to the children and adults of Latchford as they provide many activities for all ages throughout the year. Call Pam @ 705-679-3093 Town Office @705-676-2416 to join up!

Advertising

Contact: Sharon Lefebvre @ 676-2129

Card Size 1.5"x 2.9"
1 year - \$100.00
6 months - \$50.00
3 months - \$25.00
1 month - \$10.00

Classifieds

Announcements, Want Ads, Employment, etc..... 2.00

Submission Deadline

All ads must be in by the 23rd of each month to be published in the following month's newsletter. Articles may be edited for space

Circulation

Sharon Lefebvre 676-2129 or write to Circulation Manager at P.O. Box 10, Latchford, ON P0J 1N0.

Subscriptions

1 year - Large Print \$10.00
1 year - Regular Print 8.00
U.S Subscriptions \$15.00

The Latchford & Area Moose Call is published monthly by the Town of Latchford.

CONTRIBUTORS: Sharon Lefebvre, George Lefebvre, Monique O'Shaughnessy, Sheila Belanger, Bill Vandenhooogen, Laurel Gadoury, Jaime Allen, Frances Lefebvre, Rhonda, Sharon Gadoury-East, Francine Blowe.

Editorial Policy

: We will not print any news, items, letters, or otherwise containing slanderous, defamatory, or injurious information in reference to the character of any person or entity. The writer of all articles must be identified when items are submitted but may request to remain anonymous in print. All such requests will be honoured.



MRG
MILLER
REALTY GROUP

Laurie Christo
Sales Representative

Buy | Rent | Sell

Contact Me:
Mobile: (705) 648-0011
Main Office: (705) 647-6444
Email: lchristomrg@gmail.com
Fax: (705) 647-6419
Website: www.mrgi.ca

PUBLIC NOTICE

STORAGE AVAILABLE

**Winter Storage available for boats, cars, trailers, ATVs etc.
Fees are \$15.00 per foot**

* * * * *

**Diane Armstrong's book *Over the Hill III* -
\$20 Mud, Muskeg & Mosquitoes
\$20 soft cover, \$33 hard cover**

Diane Armstrong 705-235-5918
74 Powell Avenue South Porcupine, ON
P0N 1H0 armstrong.diane6@persona.ca

* * * * *

John Vanthof MPP/Député Timiskaming-Cochrane

New Liskeard Office/Bureau



247 Whitewood Ave., Box 398
Pinewoods Ctr., Unit 5
New Liskeard, ON P0J 1P0

Phone: (705) 647-5995
Toll Free: 1-888-701-1105
Fax: (705) 647-1976

Email: jvanthof-co@ndp.on.ca



www.johnvanthof.com



Spring Maintenance Checklist for Car Owners

1. Swap out your winter tires

Around this time of year, you should be thinking about taking off your winter tires. There are mandatory dates for some regions in Canada, but this change generally happens when temperatures start rising above 7 degrees Celsius. Summer and all-season tires are more rigid and designed for better handling and performance on snow- and ice-free roads. The flexible tread rubber on winter tires that deliver more traction on ice and snow isn't as effective once spring comes around and will wear out faster in warmer conditions.

Once you replace your winter tires, remember to spray or wash them before you store them away. Removing excess salt off your winter tires will prevent corrosion. Make sure to store your winter tires in a cool, dry area to keep them in top condition and ready for next winter.

2. Rotate your tires

Since you're already swapping out your winter tires, it might be a good time to rotate your tires too.

Tire rotation involves switching the back tires to the front, and vice versa.

Because the weight of a vehicle isn't distributed evenly on tires, the treadwear on each is impacted differently. Front tires almost always carry more weight because they direct the vehicle's steering and also hold more weight during brak-

ing as a car shifts forward.

Rotation is one of the easiest and most effective things to do before spring hits as it can extend the lifespan of your tires while also improving gas mileage.

To avoid tires wearing out too quickly, bring your vehicle to an auto mechanic and have them assess the air pressure in your tires and conduct a routine tire rotation. This regular maintenance will help prevent any hydroplaning mishaps that we discussed above.

3. Any alignment issues?

Potholes, curbs hidden in snowbanks, icy ruts – they all contribute to wear and tear on your suspension, most notably jolting your wheel alignment out of spec. You might find the steering wheel off-centre or feel it pulling to one side at highway speeds. Alternatively, the only symptom could be uneven treadwear. At that point, you may need to change the tires.

Once the roads are clear of ice and snow, it's a chance to have a mechanic perform an alignment check on your car. Many tire shops and dealerships nationwide offer free alignment checks with red, yellow, and green indicators of the condition. If any specs are any colour other than green, you should have an alignment performed.

4. Wash away road salt

If you're an active driver during winter, the chances are high that the exterior of your car is coated in salt. Road salt can lead to rusting and

Continued on page 11.....

THE DAM DEPOT FRIENDLY FULL SERVICE GAS STATION AND CONVIENCE STORE

LCBO AND LOTERY

32 MAIN ST. LATCH-

PREMIUM, REGULAR

LCBO AND LOTERY TICKETS AGENCY STORE

Over the Hill by Diane Belanger Armstrong

Bizarre motherhood advice from 90 years ago
The following article was published in July 1933 under the auspices of the Canadian Mothercraft Society and the author's name was 'Hygeia'.

After reading the material contained therein, I can fully understand why the author used a pseudonym. I realized too, that in 1933 large, Canadian families of five to 12 children were the norm, not the exception.

"The right food for a baby from birth to nine months is mother's milk, and no effort or sacrifice is too great to assure that the infant is fed by its mother for those first nine months. The life, therefore, of the expectant mother and nursing mother should be so planned as to avoid anything that might result in a weaned baby."

Up to this point, the author makes sense, but one wonders how much planning ahead could be done by a mother of many offspring.

"To be a good nursing mother, a woman should be in first-class condition in every way, and this can be brought about only by strict obedience to nature's laws. The mother should have fresh air day and night. It is best for her to sleep outside – in fact, to be indoors only when it is absolutely impossible to be out of doors."

Show me how it would be possible to be in first-class condition just after giving birth and just where would Hygeia suggest as a suitable, outdoor place for the mother to sleep – in January – in Canada?

"She should wear only enough clothes to keep herself comfortably warm, which will be very few if she gets enough exercise, sunshine and cold bathing, drinks enough water and gets the right kind and amount of food."

Hygeia didn't specify who would be cooking this food and where, if the mother were outside all the time.

"A nursing mother should have at least eight hours of unbroken sleep, if possible, between 10 p.m. and 6 a.m. The last feeding of the baby should be completed at 10:20 pm at the latest and the mother's light should be out at 10:30 p.m. If

possible, it is best to begin the last feeding at 9:45 p.m., so as to get the baby back into its cot as near to 10 p.m. as possible."

Please note the sentences that began with "if possible". This schedule would allow the mother exactly 10 minutes to put the baby down, do some 'cold bathing', get into her warm clothes and jump into her outdoor bed. Not all is deprivation though, for it would appear that Hygeia would, at the least, allow a light somewhere in the vicinity of the mother's bed.

"During the first day of life, the baby should be nursed within six hours of its birth (unless the doctor has reason to alter this rule) and every six hours for the first 24 hours. After that the feedings should be four-hourly, the best feeding hours being 6 and 10 a.m., 2, 6 and 10 p.m. These hours should be kept to, strictly by the clock. If the baby wakes between the feeding hours and he does not settle to sleep again he should be given an ounce of warm boiled water in a little bottle with a rubber nipple with a very small hole."

This prompts the question, "If mother is sleeping outside the house, how would she even know that the baby was awake?"

I find it hard to believe that a Canadian with any knowledge of winter temperatures would actually suggest that a pregnant or nursing mother should sleep outside. I find it hard to believe that anyone, anywhere in Canada would have ever taken these directives seriously – especially in 1933 when families of eight, 10 and 12 children were not uncommon. Who would be raising the other family members while the mother was having cold baths and sleeping outdoors? And where was the father during her absence?

I find it hard to believe that the Canadian Mothercraft Society had sufficient, actual paying members to enable them to produce a periodical. I find it hard to believe that Hygeia was ever a mother!

That's my view from Over the Hill.

Car tips continued....

other damage to the body and undercarriage of your car.

If your vehicle hasn't been washed recently, the arrival of spring is the perfect time to do it. Most car washes have spraying machines that target underneath vehicles with enough force for effective salt removal.

It's never a bad idea to get a routine vehicle wash, even in the dead of winter. It will ensure that your vehicle's body and paint job stays pristine.

5. Replenish the fluids

Always check your owner's manual, but vehicles typically require an oil change every 8,000 to 16,000 km. Although, with more modern models, some vehicles can last up to 24,000 km without an oil change. Your owner's manual will tell you how frequently various fluid checks need to be done, and spring is a good time to do a quick check-in under your hood.

An oil change ensures adequate lubrication of moving parts and that all internal components of the vehicle are working

well together.

If you're planning on changing your vehicle's oil for spring, it's also a good idea to check the transmission fluid. The transmission fluid is often neglected when it comes to regular maintenance, which is surprising considering a vehicle's transmission can be expensive to repair.

While your bonnet is lifted, you might also check coolant levels and brake fluid, and top up your windshield wiper blade fluids too.

6. Check the brakes

Neglecting your brakes after the winter season could result in costly repairs down the road, not to mention potential safety and driving issues.

Have a mechanic check your vehicle's brakes, including the pads and rotors. Winter road conditions can do some serious harm to your braking system, so making sure your brakes are in good shape for the spring will benefit your vehicle, as well as other drivers and pedestrians.



Dan's Snow Removal
Reasonable rates
705-679-2115
705-622-9039



Highway 11
Latchford ON
P0J 1N0

(705) 676-2096
www.northlandmotel.info
NorthlandMotelLatchford@gmail.com

NORTHLAND MOTEL

CONTACT ROSS BURNS FOR RESERVATIONS
"Latchford- the best little town by a Dam Site"

TV/TSN WIFI
TOP TRAIL OFSC

INDIVIDUAL/GROUP/JACUZZI
RATES BY DAY/WEEK/MONTH

Latchford Volunteer Fire Department

March Break!! For some folks, the month of March means a vacation. As such, the Latchford Volunteer Fire Department would like to take this opportunity to share with the residents and visitors of Latchford some home preparation safety tips while planning for vacation.

Prior to leaving home, it is a good idea to unplug all your electronics to prevent fires from potentially starting due to worn-out sockets or faulty cords, switches, and receptacles. While unplugging your electronics, it is a good time to look for damaged cords, frayed wires, and wires with surge marks.

It is important to make sure that combustible materials are stored safely in the home when going away on holidays. Flammable items should be stored in a cool, dry place. If you have propane, kerosene, and/or gasoline in your home, make sure to store them outside in proper containers.

Regular furnace, wood stove, pellet stove and space heater maintenance is important in the prevention of home fires. It is also very important to maintain a clean area around your heat sources. Keep flammable materials away from your heat sources. Sweep or vacuum

around your heat sources to keep them free of debris, dust, and dirt.

Make sure to properly extinguish any smoking materials from wood stoves, candles, cigarettes, etc. before you leave home.

If possible, it is a good idea to have a trusted neighbor, friend or family member watch over and check on your home and property regularly while you are away. You can ask your "homesitter" to make sure that packages and newspapers don't pile up on the porch and driveway. If possible, also have the person/persons looking after your home while you are away maintain proper driveways, walkways, doorways and windows to your home for easy access for first responders in the event of a fire or home emergency while you are away.

Whether you are vacationing or staycationing, as always, the Latchford Volunteer Fire Department would like to wish the residents and visitors of Latchford a happy, healthy and safe month of March.

Chantal Paquin



McAlpine Mill Site

SMC (CANADA) LTD.

www.smccanada.com

Coleman Rd., P.O. Box 710

Cobalt, ON P0J 1C0

Tel: (705) 679-5600

Fax: (705) 679-5657

Sabin Metal Worldwide Companies